

# Cat Bordhi's 2017 peaceful Island Knitting Retreats...

For nearly a decade I've held Spring and Fall Island Knitting Retreats at Lakedale Resort on beautiful San Juan Island, Washington, where I live. Our islands are a nature-lover's paradise, about a 100 mile drive north of Seattle and an hour-and-a-half ferry ride west through shimmering emerald waters. Along the way you might see whales, dolphins, sea lions, seals, or eagles. Participants fall in love with the beauty and peace, just as I did many years ago. A few have even moved here!



## You'll arrive Sunday afternoon

**and depart Friday morning**, giving us four complete days together. My knitters love the lake and forest, our luxurious accommodations, our gathering space, and the lovingly prepared delicious, mostly locally-sourced meals, which are legendary among returnees.

**2017 dates:** SPRING 1: MARCH 26-31

SPRING 2: APRIL 2-7

SPRING 3: APRIL 9-14

FALL 1: OCT 1-6

FALL 2: OCT 8-13

FALL 3: OCT 15-20

**I teach every morning and afternoons are free.** After lunch I encourage you to explore the island. Many knitters love to spend an afternoon on our inter-island ferry, floating among islands and enjoying spectacular scenery while knitting and talking. Our local yarn shop, Island Wools, is right above the ferry lanes, and there is a bead shop nearby. On Monday afternoon Island Fibers from neighboring Lopez Island sets up shop in the lobby. With afternoons wide open, you can nap, hike, go geocaching (over 100 caches are hidden here), visit the Whale Museum or art galleries, a wonderful local potter, browse the village shops, or row a boat (and knit) on the lake. One year several knitters even went swimming (brrr!). At South Beach you can fly kites or collect agates, and may see foxes, rabbits, and eagles. You can visit Mona, our friendly island camel, stop by Krystal Acres Alpaca Farm, or simply relax with your knitting and new friends in the lodge. Each evening after our delicious dinner, I review our lessons, and then spin tales from the knitting world, which returnees fondly call "bedtime stories."



**At each retreat,** I teach mini-workshops on some of the themes I am known for, such as sock architecture, the Moebius, Felfs, and Versatildes. My students particularly love the opportunity to try my “secret” new techniques and designs well before they are made public. I also offer a few small and intriguing projects to inspire you and which later can make ideal gifts.



**Our retreats are deeply relaxing and anchor a strong sense of community and caring.** We spend a little time each day knitting in communal silence, letting the deep wellspring of tranquillity that lies within knitting rise and saturate us all as our hands move in quiet harmony with our needles and yarn. Participants often comment that the retreat has been one of the best weeks of their life. I will also take you on an armchair journey to Iceland (in the heart of winter!) and Ireland, where my brother Pecos and I shepherd North American knitters into intimate encounters with these knit-centric ancient cultures.



**The retreat fee is \$500.** Starting in 2017, I am limiting the number of participants to 20 or fewer. Lakedale gives us special rates not listed on their website. Lovely lodge rooms, with gas fireplaces, Jacuzzi tubs, and balconies or decks overlooking the lake are \$139 per night. The very comfortable cabins with 2 bedrooms, 2 bathrooms, and a kitchen are \$249 per night. . Breakfast is included. Our catered lunches and dinners Monday through Thursday are \$220 (spouses or friends may join us for meals).

**To register, email me at [cat@catbordhi.com](mailto:cat@catbordhi.com)** to ask if the retreat date you prefer has space. If so, I will ask you to print and fill out the registration form on page 4 and send it to me with your deposit to reserve your spot. *The balance will be due 3 months before your retreat begins.* I do keep a wait list (cancellations do occur so you have a good chance of getting in). I hope to see you at one of our 2017 retreats, share the beautiful island with you, and enjoy getting to know you as we spend time knitting together.

Cat



This shy fox appeared outside a knitter's window.



# Traveling to Friday Harbor, San Juan Island

## Washington State Ferries

Current schedule for Anacortes-San Juan ferry: <http://www.wsdot.wa.gov/ferries/>

If bringing a car on board, please be sure to make a round-trip reservation well ahead of time.

If walking on, you need no reservation.

## Island Airporter

John Nash, whose daughter Caitlin was my seventh-grade student and is mentioned in the acknowledgments of my first book, *Socks Soar on Two Circular Needles*, runs this shuttle directly between Friday Harbor and the Seattle-Tacoma Airport from Monday through Saturday. For an extra fee John will pick you up at Lakedale on Friday morning. See [www.islandairporter.com](http://www.islandairporter.com) for more information and then call John at (360) 378-7438.



Sunrise on the ferry to Friday Harbor

## Bellair Charters Airporter Shuttle

This service offers 12 roundtrips daily between Seatac (Seattle- Tacoma Airport) and the Anacortes Ferry Terminal. The trip is lengthened by additional stops en route. Current schedules and rates are available at [www.airporter.com/shuttle](http://www.airporter.com/shuttle). Make sure to allow at least 45 minutes between the scheduled arrival time of the shuttle and the ferry's departure, in case the shuttle runs into traffic.

## Driving

If driving to the Anacortes Ferry Terminal, make a reservation and remember that it is nullified if you are not through the ticket booth 30 minutes ahead of the sailing. It takes about 2 hours to drive directly from the airport to Anacortes. To find your way with GPS, use "2100 Ferry Terminal Road, Anacortes." Once off the ferry, type in Lakedale's address: 4313 Roche Harbor Road, Friday Harbor. Otherwise GPS may send you on another ferry via Whidbey Island.

## Kenmore Air

For those who love to fly (and see beautiful sights!), Kenmore Air offers both land and sea plane services. Those traveling by land plane are shuttled between Seattle-Tacoma Airport and Boeing Field. Sea plane travelers are shuttled from Seattle-Tacoma Airport to Lake Union and land in the Friday Harbor Marina. Current schedules as well as reservation information can be found at [www.kenmoreair.com](http://www.kenmoreair.com). Before making reservations, make sure to coordinate your arrival and departure from Seatac with Kenmore's schedule, allowing enough time to collect your baggage.

# Registration for 2017 Island Knitting Retreats with Cat Bordhi

Retreats are held at Lakedale Lodge in Friday Harbor, Washington

Name: \_\_\_\_\_

Mailing address: \_\_\_\_\_

Email: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Emergency contact: \_\_\_\_\_

**To hold a space, email me at [cat@catbordhi.com](mailto:cat@catbordhi.com) to ask if there is space in the retreat you want.**

Once I confirm that there is, print and fill out this page and mail it to the address below with a check for your deposit (I am unable to take credit cards) of \$125 made out to **Passing Paws Press, Inc.**

Cat Bordhi  
PO Box 2463  
Friday Harbor, WA 98250

**The \$150 nonrefundable deposit holds your space.** However, you may transfer your deposit if you need to cancel *and can find a replacement yourself*. The balance of \$350 is due 3 months prior to the retreat, and is nonrefundable unless I can fill your spot from my wait list or you find a replacement yourself.

**Please circle the retreat you wish to attend, and also write the dates on your check:**

SPRING 1: MARCH 26-31

SPRING 2: APRIL 2-7

SPRING 3: APRIL 9-14

FALL 1: OCT 1-6

FALL 2: OCT 8-13

FALL 3: OCT 15-20

**Retreat fee:** \$400, includes high quality custom-printed tote bag with surprises.

**Lodging:** After I confirm your registration, phone (our dates are not available on-line) Lakedale at 1-800-617-2267 to reserve a lodge room or a cabin. If you would like a cabin mate, please let both me and the lodge know and we will try to match you with someone. *Arrival is Sunday afternoon/evening, and departure is Friday morning. I do not schedule any activities for Sunday or Friday.*

**Meals:** Lakedale provides breakfast. You will mail Deb Nolan, our lunch and dinner kitchen magician, a \$220 check (made out to her) *one month before the retreat*, also letting her know if you have any special food needs. Her address is: Deb Nolan, POB 358, Friday Harbor WA 98250

**Personal Liability and Indemnification Agreement:** I take your safety and the security of your belongings very seriously, but I cannot be liable for any personal injury, loss/theft or damage any time during the retreat. Your attendance constitutes your agreement to indemnify Cat Bordhi and Passing Paws Press, Inc, from any claim for injury, loss, or damage for any reason. You are responsible for any damage to retreat property, facilities, or equipment caused by you through negligence or willful intent.

❖ **Please initial here:** \_\_\_\_\_

Cat's email: [cat@catbordhi.com](mailto:cat@catbordhi.com)

Please send this form and your \$220 check to our master-chef, Deb Nolan at least 30 days prior to your retreat. Thank you!

**Mail the form and your check to:**

Deb Nolan  
PO Box 358  
Friday Harbor, WA 98250

**Please circle the retreat you are attending:**

Spring 1: March 26-31

Spring 2: April 2-7

Spring 3: April 9-14

Fall 1: Oct 1-6

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Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

**Deb is an instinctive, creative, and gifted chef who cooks as passionately as we knit.**

Her sumptuous meals have been delighting, inspiring, and nourishing our knitters for years. She is happy to design meals around the food preferences and allergies listed below (please check any that apply to you). *If you require a more specialized diet*, we ask that you reserve one of Lakedale's cabins, which have kitchens, so that you can prepare your own meals.

\_\_\_\_\_ I am a vegetarian.

\_\_\_\_\_ I am a vegan.

\_\_\_\_\_ I am allergic to gluten.

\_\_\_\_\_ I am allergic to dairy.

\_\_\_\_\_ I am allergic to shellfish.

\_\_\_\_\_ I am allergic to nuts.

**Deb describes her cuisine:**

*It brings me a lot of joy to prepare delicious, creative meals for those attending retreats at Lakedale Resort. I feel my style of cooking is best described as a Mediterranean Diet, influenced by my life travels and experiences. The meals center around a variety of seasonally fresh and locally grown produce, beans and nuts, healthy grains, olive oil, varied proteins (seafood, poultry, pork, and lamb), seasoned with fresh herbs and spices, house made soups and salad dressings, and small decadent desserts.*