

Two Island Knitting Retreats in the Heart of Community with Cat and Pecos on beautiful San Juan Island, Washington Choose from February 12-17, 2017 or March 12-17, 2017

We'll gather beside a lake in an evergreen forest on

beautiful San Juan Island, Washington, for a week of indoor and outdoor pleasures, including lots of knitting, as we cultivate and nourish that which arises within our group with the intention that our generous spirit may spread beyond. This retreat is smaller than Cat's other island knitting retreats so we can take excursions to share our deep relationships in the archipelago. As leaders, we take our cues and choreograph our days by responding to the freshest temptations and resources of the island and natural flow of our group. Last year Justin, one of our participants, likened the instinctive movement of the group to a flock of birds wheeling through the sky.



Some of the things we have done and some things we might do...



In 2016 we traveled via the interisland ferry to Our Lady of the Rock Monastery on Shaw Island, to be with this lively community of nuns and farm interns, who raise Cotswold sheep, Scottish Highland cattle, Jersey dairy cows, pigs, chickens, turkeys, alpacas, and llamas. We cuddled new lambs, practiced sorting fleeces under Mother Hildegard's tutelage, breathed deeply in the serene chapel, and went home with the Monastery's yarn, cheeses, herbs, tea, roving, and a few fleeces. Another day we took the ferry to Lopez

Island to visit Island Fibers, the knitting-weaving-spinning-fiber studio owned by our friends Deb and Maxine, and to see nearby flock of Friesen-Coopsworth-Romney sheep who are their source of wool. In 2017 we will plan our excursions according to what is most promising, including at least one voyage to another island. There are many possibilities—from San Juan Island's unique salt, honey, and flower farm, to mountaintop picnics, organic farms, several distilleries, an outdoor sculpture park, lighthouses, and an alpaca farm. Some of these you can do on your own during free afternoons; others we will visit as a group.



Glimpses from our 2016 Heart of Community Retreat



A Cotwold mama on Shaw Island.



Sorting fleeces with Mother Hildegard.



A Cotwold lamb on Shaw Island .



The monastery cheeses, from Jersey cows.



Knitting on the interisland ferry.



Lambs, less than 24 hour-old, on Lopez.



Island Fiber's herd on Lopez Island.



Island Fibers on Lopez.



Home sweet home

If you've attended one of Cat's island retreats before, you know and love our home at Lakedale Resort on San Juan Island, beside a serene lake in the middle of a forest beneath an ever-changing sky.

The food is delicious

Our locally-sourced meals, lovingly prepared by our beloved magician-chef Deb Nolan, will inspire, delight, and nourish you. In 2016 Deb invited us to her home one afternoon. We began with our shared lunch, then the option of staying for a cooking class before everyone returned from afternoon adventures for our dinner together.



Who we are and what we value

Author, teacher, and knit designer Cat Bordhi and community engager Jim "Pecos" Petkiewicz share a prescient instinct and devotion for bringing out the best in others. For several years we have been facilitating cross-cultural and transformative experiences for intimate groups in the Pacific Northwest, California, Mexico, Peru, Iceland, and elsewhere. The alliances that Pecos, his wife Mags, and colleagues began seeding in 1985 in Latin America are a powerful river that flows into our work and play. Many years of exploration, reflection and gestation have gifted us with the evolution of Community Links International, a nonprofit that responds directly to the complex realities of marginalized humans, communities and environments in many parts of the Americas. We recognize that service without the attempt at developing profound relationship produces debilitating charity, while service with deep relationship can lead to lasting and productive solidarity. We invite you to join us in growing these deep relationships, in the islands and elsewhere.

Cost

The retreat fee is \$600, and the catered meals are \$220. Lakedale's lovely lodge rooms, with gas fireplaces, Jacuzzi tubs, and balconies or decks overlooking the lake are \$139 per night. Cabins with 2 bedrooms, 2 bathrooms, and a kitchen are \$229 per night and are a very short walk from the lodge where we gather.

Please email Cat at cat@catbordhi.com to see if we have space for you, and include the name of this retreat in your inquiry. We look forward to welcoming you into our warm and inclusive community.

Traveling to Friday Harbor, San Juan Island

Washington State Ferries

Current schedule for Anacortes-San Juan ferry: <http://www.wsdot.wa.gov/ferries/>

If bringing a car on board, please be sure to make a round-trip reservation well ahead of time.

If walking on, you need no reservation.

Island Airporter

John Nash, whose daughter Caitlin was my seventh-grade student and is mentioned in the acknowledgments of my first book, *Socks Soar on Two Circular Needles*, runs this shuttle directly between Friday Harbor and the Seattle-Tacoma Airport from Monday through Saturday. For an extra fee John will pick you up at Lakedale on Friday morning. See www.island-airporter.com for more information and then call John at (360) 378-7438.



Sunrise on the ferry to Friday Harbor

Bellair Charters Airporter Shuttle

This service offers 12 roundtrips daily between Seatac (Seattle- Tacoma Airport) and the Anacortes Ferry Terminal. The trip is lengthened by additional stops en route. Current schedules and rates are available at www.airporter.com/shuttle. Make sure to allow at least 45 minutes between the scheduled arrival time of the shuttle and the ferry's departure, in case the shuttle runs into traffic.

Driving

If driving to the Anacortes Ferry Terminal, make a round-trip reservation. It takes about 2 hours to drive directly from the airport to Anacortes. To find your way with GPS, use "2100 Ferry Terminal Road, Anacortes." Once off the ferry, type in Lakedale's address: 4313 Roche Harbor Road, Friday Harbor. Otherwise GPS may send you on another ferry via Whidbey Island.

Kenmore Air

For those who love to fly (and see beautiful sights!), Kenmore Air offers both land and sea plane services. Those traveling by land plane are shuttled between Seattle-Tacoma Airport and Boeing Field. Sea plane travelers are shuttled from Seattle-Tacoma Airport to Lake Union and land in the Friday Harbor Marina. Current schedules as well as reservation information can be found at www.kenmoreair.com. Before making reservations, make sure to coordinate your arrival and departure from Seatac with Kenmore's schedule, allowing enough time to collect your baggage.

Register for the 2017 Island Knitting Retreats in the Heart of Community

Which retreat? _____ February 12-17, 2017 _____ March 12-17, 2017

Name: _____

Address: _____

Email: _____

Home phone: _____ Cell: _____

Emergency contact: _____

Print and fill out this page (Please make sure to initial it at the bottom) and mail it to Pecos (address below) with a check for your deposit of \$150 *made out to Community Links International*.

Jim Petkiewicz
916 Wren Drive
San Jose, CA 95125

This \$150 deposit holds your space. This deposit is nonrefundable unless you *find a replacement for yourself*. The \$250 balance is due 3 months before your retreat begins (11/12/17, or 12/12/17) and after that date is also nonrefundable unless you find a replacement for yourself.

Lodging: After we confirm your registration, phone Lakedale Lodge at 1-800-617-2267 to reserve a lodge room or a cabin. Our discounted rates are \$139 per night for a lodge room or \$229 for a cabin (with 2 bedrooms, 2 bathrooms, a kitchen and living area). If you would like a cabin mate, please let both us and the lodge know and we will try to match you with someone. *Arrival is Sunday afternoon/evening, and departure is Friday morning. We do not schedule any activities for Sunday or Friday.*

Meals: Lakedale provides breakfast. Please see the next page for the form to print and fill out to send to Deb Nolan, our chef for lunch and dinner, with your check for \$220 check, due one month before your retreat begins.

Personal Liability and Indemnification Agreement: We take your safety and the security of your belongings very seriously, but I cannot be liable for any personal injury, loss/theft or damage any time during the retreat. Your attendance constitutes your agreement to indemnify Cat Bordhi and Passing Paws Press, Inc, and Jim Petkiewicz and Community Links International from any claim for injury, loss, or damage for any reason. You are responsible for any damage to retreat property, facilities, or equipment caused by you through negligence or willful intent.

❖ **Please initial here:** _____

Cat's email: cat@catbordhi.com
Pecos' email: Peckos@me.com

Please send this form and your \$220 check to our master-chef, Deb Nolan at least 30 days prior to your retreat. Thank you!

Mail the form and your check to:

Deb Nolan
PO Box 358
Friday Harbor, WA 98250

Dates of my retreat: _____ February 12-17, 2017 _____ March 12-17, 2017

Name: _____

Email: _____

Phone: _____

Deb is an instinctive, creative, and gifted chef who cooks as passionately as we knit.

Her sumptuous meals have been delighting, inspiring, and nourishing our knitters for years. She is happy to design meals around the food preferences and allergies listed below (please check any that apply to you). *If you require a more specialized diet, we ask that you reserve one of Lakedale's cabins, which have kitchens, so that you can prepare your own meals.*

- _____ I am a vegetarian.
- _____ I am a vegan.
- _____ I am allergic to gluten.
- _____ I am allergic to dairy.
- _____ I am allergic to shellfish.
- _____ I am allergic to nuts.

Deb describes her cuisine:

It brings me a lot of joy to prepare delicious, creative meals for those attending retreats at Lakedale Resort. I feel my style of cooking is best described as a Mediterranean Diet, influenced by my life travels and experiences. The meals center around a variety of seasonally fresh and locally grown produce, beans and nuts, healthy grains, olive oil, varied proteins (seafood, poultry, pork, and lamb), seasoned with fresh herbs and spices, house made soups and salad dressings, and small decadent desserts.