

Cat Bordhi's 2019 Island Knitting Retreats

Rejuvenation, creative learning, and friendship

I've been holding knitting retreats near my home on San Juan Island, Washington for many years. Many people return again and again, and we all love to welcome newcomers. Our islands are a natural paradise, about a 100 mile drive north of Seattle and an hour-and-a-half ferry ride west through shimmering emerald waters. Along the way you might see whales, dolphins, seals, or eagles. Retreat participants fall in love with the islands, as I did so long ago, and several loved it so much they've moved here.



Choose from five dates: March 31-April 5 April 7-12 Oct 6-11 Oct 13-18 Oct 20-25

You'll arrive Sunday afternoon and depart Friday morning, giving us four complete days together. One day we'll spend a few hours riding our inter-island ferry (just steps from our hotel), skimming along the water from island to island and enjoying spectacular scenery as we knit. And all week long you'll revel in the beauty that surrounds you, our luxurious accommodations, our serene gathering space, and the colorful meals our legendary chef Deb Nolan prepares. Sunday and Friday are travel days, so no activities are scheduled on those days.



I teach every morning, leaving afternoons free for explorations. Our home, the Island Inn at 123 West, faces the marina, with shops, the Whale Museum, coffee houses, bookstores, art galleries, bakeries, and our local yarn shop, Island Wools, all within a few minutes' walk. One afternoon Island Fibers from neighboring Lopez Island sets up shop at the Inn. You can nap, join a whale-watching tour, wander the docks and imagine life aboard the boats, or knit alongside a new or old friend. Or you can drive to South Beach to fly kites (I have some to loan) or collect agates, and may see foxes like the one you see here, rabbits, and eagles. Each evening after dinner, I review our lessons, and then spin tales from the knitting world as we wind down for the night.



I teach various projects that give you a preview of some of my ongoing design work that I am most passionate about. You will receive PDF patterns, often including a book-length collection. And I love to share my bag of tricks—solutions to common knitting challenges. Projects in 2018 included a fingerless mitt collection (above is part of the collection) and MoMo Cowls (see below), a Moebius form that transcends the usual limitations.



The retreats anchor a strong sense of community and caring, and are deeply relaxing.

We usually spend a little time each day knitting in communal silence, letting the deep wellspring of tranquillity that lies within knitting rise and saturate us as our hands move in quiet harmony with needles and yarn. One recent knitter reflected: “What a magical and grace-filled time we shared. I’m so thankful that you made and held that space for us.”

Chef Deb is legendary amongst returnees. She is now offering a cooking class Sunday evening. Please see the information on the final page of this PDF.

Cost: The retreat fee is \$500. The Inn includes a delicious breakfast, and Deb’s catered lunches and dinners are \$245. Please see the separate Island Inn PDF for descriptions of lodging choices, which run from \$135 for a single to \$315 for a penthouse which can hold up to 5 or 6 friends. You make your lodging reservation directly with the Inn.

To register, email me at cat@catbordhi.com to ask if the retreat you prefer has space, and we’ll take it from there. I’d love to welcome you to a 2019 retreat, to share this heavenly island with you and get to know you as we spend time knitting and learning together. If you are new, you’ll find everyone delighted to welcome you to our week of happiness.



*My heart and the island await you,
Cat*

Traveling to Friday Harbor, San Juan Island



Mount Baker looms into view as the ferry passes Lopez Island. The well-lit boats are great for knitting and jigsaw puzzles, usually with several puzzles waiting for the next traveler to sit down and continue. Or you can walk laps inside or outside. I love our ferries.

Washington State Ferries

Sailing schedule and car reservations for Anacortes-Friday Harbor ferry: <http://www.wsdot.wa.gov/ferries>

Driving

If driving, remember that your ferry reservation is void if you are not through the ticket booth 30 minutes ahead of the scheduled sailing. It takes about 2 hours to drive directly from the airport to Anacortes, longer if there is traffic. For GPS, use 2100 Ferry Terminal Road, Anacortes. Once off the ferry, turn left, and look for the tall gray water tank with the numbers 123 on the side. We're right there.

Island Airporter

John Nash runs this shuttle between Friday Harbor and the Seattle-Tacoma Airport from Monday through Saturday. See www.islandairporter.com and call John at (360) 378-7438.

Bellair Charters Airporter Shuttle

This service offers 12 roundtrips daily between Seatac (Seattle-Tacoma Airport) and the Anacortes Ferry Terminal. Current schedules and rates are available at www.airporter.com/shuttle. Make sure to allow an hour between the scheduled arrival time of the shuttle and the ferry's departure, in case the shuttle runs into traffic.

Kenmore Air

KenmoreAir.com offers land and sea plane services. The sea planes land in the marina next to our hotel. Before making reservations, make sure to coordinate your arrival and departure from Seatac with Kenmore's schedule, allowing enough time to collect your baggage.

Questions? Call the Island Inn at 360.378.4400



The view from our hotel

Registration for 2019 Island Knitting Retreats with Cat Bordhi

Retreats are held at The Island Inn at 123 West in Friday Harbor, Washington

Name: _____

Mailing address: _____

Email: _____

Home phone: _____ Cell: _____

Emergency contact: _____

To hold a space, email me at cat@catbordhi.com to ask if there is space in the retreat you want.

If I confirm that there is, reserve your spot by printing and filling out this page and mailing it to the address below with a check for \$150, made out to Passing Paws Press, Inc (I cannot take credit cards).

Cat Bordhi
PO Box 2463
Friday Harbor, WA 98250

The \$150 nonrefundable deposit and this registration form secure your spot. You may transfer this deposit only if you *can find a replacement yourself*. The \$350 balance of the \$500 retreat fee is due 3 months prior to the retreat. It is nonrefundable unless I can fill your spot, or you find a replacement.



Circle the session you wish to attend, and please write the dates on your check

March 31-April 5 April 7-12 Oct 6-11 Oct 13-18 Oct 20-25

Lodging: *Once you register, phone The Island Inn at 360-378-4400 to reserve your accommodations.* If you would to share a Sweet or Penthouse with someone, let the Inn know and they will add you to a list of people wishing to share. Arrival is Sunday afternoon/evening, and departure is Friday morning. No activities are scheduled for arrival or departure days, because they are travel days. Arrival day dinner is on your own.

Meals: The Inn provides breakfast. You will mail Deb Nolan, our lunch and dinner caterer, a \$245 check (made out to her) *one month before the retreat*, with the form on the next page so she can plan accordingly. Deb's address is Post Office Box 358, Friday Harbor WA 98250. Her email is info@islandcooking.com

Personal Liability and Indemnification Agreement: I take your safety and the security of your belongings very seriously, but I cannot be liable for any personal injury, loss/theft or damage any time during the retreat. Your attendance constitutes your agreement to indemnify Cat Bordhi and Passing Paws Press, Inc, from any claim for injury, loss, or damage for any reason. You are responsible for any damage to retreat property, facilities, or equipment caused by you through negligence or willful intent.



Please initial here: _____

Cat's email: cat@catbordhi.com

Catering form, to be sent with your check to our caterer, Deb Nolan:

Deb Nolan, PO Box 358, Friday Harbor, WA 98250
info@islandcooking.com



your retreat dates: March 31 -April 5 April 7-12 Oct 6-11 Oct 13-18 Oct 20-25

If your form and check is received 30 days in advance of your retreat, the cost is \$245.

If received less than 30 days in advance, the cost is \$275.

Cancellation policy: If cancelled 30 days prior to retreat, full payment may be transferred to a future retreat. If cancelled up to 2 weeks prior to retreat, 50% of payment may be transferred to a future retreat. For cancellations less than 2 weeks prior to a retreat, no credit is possible.

Name: _____

Email: _____

Phone: _____

Deb is an instinctive, creative, and gifted chef who cooks as passionately as we knit.

Her sumptuous meals have been delighting, inspiring, and nourishing our knitters for years.

_____ I am a vegetarian.

_____ I am a vegan.

_____ I am allergic to gluten.

_____ I am allergic to dairy.

_____ I am allergic to shellfish.

_____ I am allergic to these nuts: _____

Deb can accommodate the above food preferences and allergies listed above and says: "Though I am careful about food allergies and restrictions, I do prepare all kinds of foods including shellfish, nuts, wheat and other items containing gluten, and dairy in my kitchen. I will contact individuals if a food restrictor is not listed on form to see if I can accommodate them. *They may have to repeat certain items like soups and main entrees if too restricted."

Deb describes her cuisine:

It brings me joy to prepare delicious, creative meals for Cat's retreats at the Island Inn. I feel my style of cooking is best described as a Mediterranean Diet, influenced by my life travels and experiences. The meals center around a colorful variety of seasonally fresh and locally grown produce, varied proteins (seafood, poultry, pork, and lamb), seasoned with fresh herbs and spices, beans and nuts, healthy grains, fresh breads, cheeses, olive oil, house made soups and salad dressings, and small decadent desserts.

A Sunday Evening Cooking Class with Chef Deb Nolan



Circle a 2019 Sunday: March 31 April 7 Oct 6 Oct 13 Oct 20

I am really excited about spending time with you in my commercial kitchen sharing the secrets of some of my favorite recipes. Class start time will be approximately 5:00-5:30 pm. This should allow for people to arrive on an early to mid day sailing and check in at the Island Inn. My kitchen is just a five-minute walk from the Inn. I anticipate we will be done cooking and feasting no later than 8:00 so we can be all rested up for Monday's activities.

Featured recipes...soups and sides...from stocks to finish!

- My Mushroom Barley Soup (a retreat "must have!")
- Roasted Butternut Squash and Pear Soup with cinnamon cream, made with fall apples and pears from my orchard.
- Flatbread and focaccia.
- The basics of great salad dressings.
- Executing a perfect Creme Brûlée.

Cost of class, including our shared dinner is \$85.

Maximum 8 Participants. First come/ first served!

Name: _____

Email: _____

Phone: _____

To reserve your spot, please send this form, with a check for \$85 to:

Deb Nolan

PO Box 358

Friday Harbor WA 98250

info@islandcooking.com